

Honours Reflection 2026

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On Communication and courage

I have always been a shy person, and finding the courage to communicate with other students has never been easy for me. In the past, I preferred doing everything on my own. I would simply focus on my schoolwork without asking others for help or additional information.

This year has been different. For the first time, I have been exposed to programming, something I never studied during my undergraduate degree. The transition has been challenging, but it has also taught me lessons I never expected to learn. I have been forced to step out of my comfort zone, ask questions, and learn from others. I still remember my first programming assignment. I had to ask a senior for help, and that moment encouraged me to speak up instead of remaining silent.

On Pressure and Faith

Alongside the academic challenges, I have also been dealing with financial pressures. There are days when my mind feels overwhelmed, and even my head hurts from constantly worrying. During those moments, I realize that prayer is what keeps me grounded. It reminds me that I do not have to carry every burden on my own.

I am also working on a research project that involves programming, which sometimes feels overwhelming. However, I am slowly learning that asking for help is not a sign of weakness, but it is an act of courage. Every small step I take, even when it feels uncomfortable, is helping me grow both academically and personally.

As I continue this Honours journey, I hope that everything will work out. I am learning to trust the process, communicate more openly, keep praying, and continue showing up, even when the journey feels difficult.